



# HAT DAY PARTY!



We're having a Hat Day event to raise money for mental health research.

It's a fun way to Help Hats Help Heads, for people affected by depression, anxiety, schizophrenia, anorexia and other serious mental illness conditions.

You can help us reach our target by donating online via our Hat Day event page. Just ask our Hat Day Head for the link.

## DON'T FORGET YOUR HAT!

### OUR EVENT DETAILS ARE:

Date \_\_\_\_\_

Time \_\_\_\_\_

Where \_\_\_\_\_

Event Organiser \_\_\_\_\_

Email address \_\_\_\_\_