

Let's LIFT THE LID on MENTAL ILLNESS



LIFT THE LID
on mental illness

with Australian Rotary Health

Celebrate with us on **World Mental Health Day - October 10**
or any time during Mental Health Month in October

1 in 5 Australians suffer a mental illness every year.

100% of proceeds will go to funding vital mental health research.

Open up the conversation and help break the stigma

Rotary
Districts of Australia



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